

Sero-Diagnosis of TB Dr. Ali A. ABDELRAHMAN

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Mycobacterium tuberculosis

- Belong to famliy *Mycobacteriaceae*
- Produce characteristic <u>long chain</u> fatty acids around 60-90 carbons in length
- Very slow growers
 <u>Obligate aerobe</u>, non-motile and pleomorphic rods

Unusual cell wall consist of a high lipid content & acid fast. <u>Mycolic acid</u> makes much greater <u>resistance</u>.

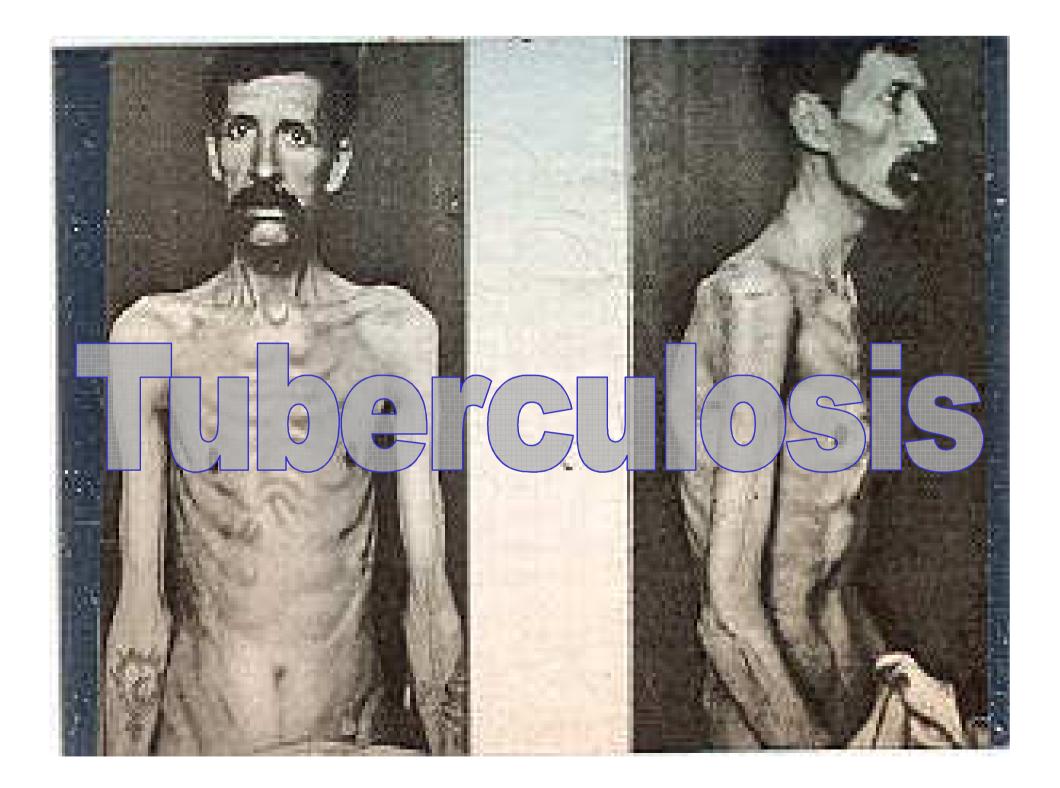
Infects one third of world population..! **3 million deaths due to TB every year.** * <u>Under privileged population</u>. * Crowding, poverty and malnutrition. Since 1985 incidence is increasing in west AIDS, diabetic, Immunosuppressed patients and drug resistance.



The brother of King Oskar II died from tuberculosis in 1852, age 25.











Bed rest and fresh air were important parts in the treatment of tuberculosis.

National Program for TB Started in 1970 Final Aim: Get rid of TB & Control it

National Program for TB

Aim Steps:

- Increase curing rate
 by 2000 to more than 85%
 Early Diagnosis for more than 70% of TB cases
- Decrease infection rate to 1 / 100000 by 2010

<u>Situation in Arab Guil</u> <u>Countries</u>

 Ist action all over the world to get rid of TB

Decrease infection rate to
1 / 100000 by 2010

Use DOTS (Curing rate 90%)

National Program Strategies for TB

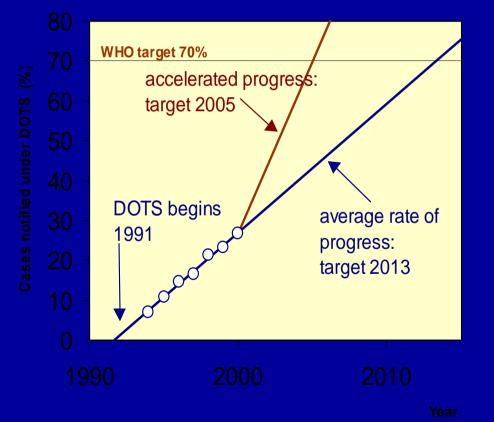
Determine Risk groups Vaccination continuation Treatment using short plane Free Medication

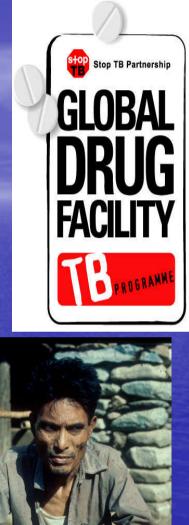
مهام مراكز الرعاية الصحية الأولية ١- التعرف على الحالات المشتبهة وتحويلها ٢ - ضمان وصول الحالة الى الجهة المحولة ٣- عمل الاستقصاء الوبائي حصر وتوجيه المخالطين ٤ - متابعة اعطاء العلاج ٥- تدريب أحد أقارب المريض لملاحظة المريض

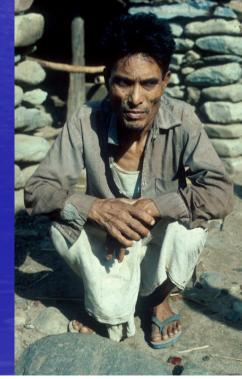


Situation in KSA Infection rate: ▶ 1987 rate 30.5 /100000 ▶ 1996 rate 11.6 /100000

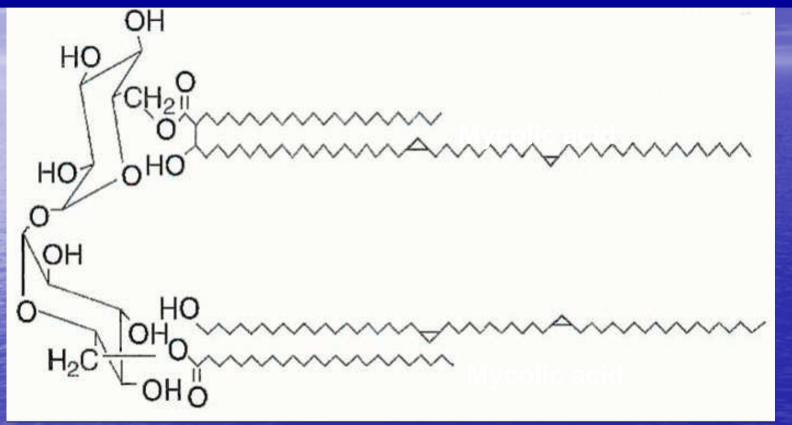
The Need for a Global Drug Facility







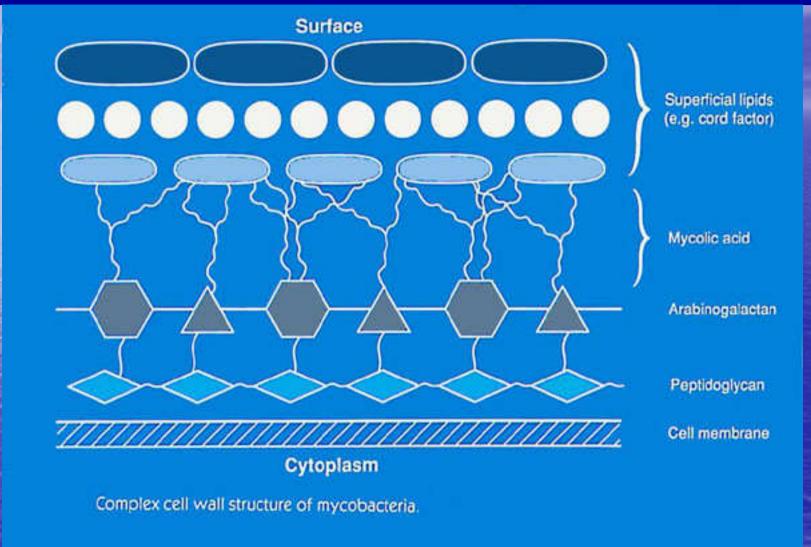
6,6'-TREHALOSE DIMYCOLATE (TDM) "CORD FACTOR"



CELL WALL GLYCOLIPID FROM MYCOBACTER/UM

A possible VIRULENCE FACTOR for *M. tuberculosis*

CELL ASSOCIATED TOXINS MAY BE IMPORTANT VIRULENCE FACTORS FOR MANY MYCOBACTERIA

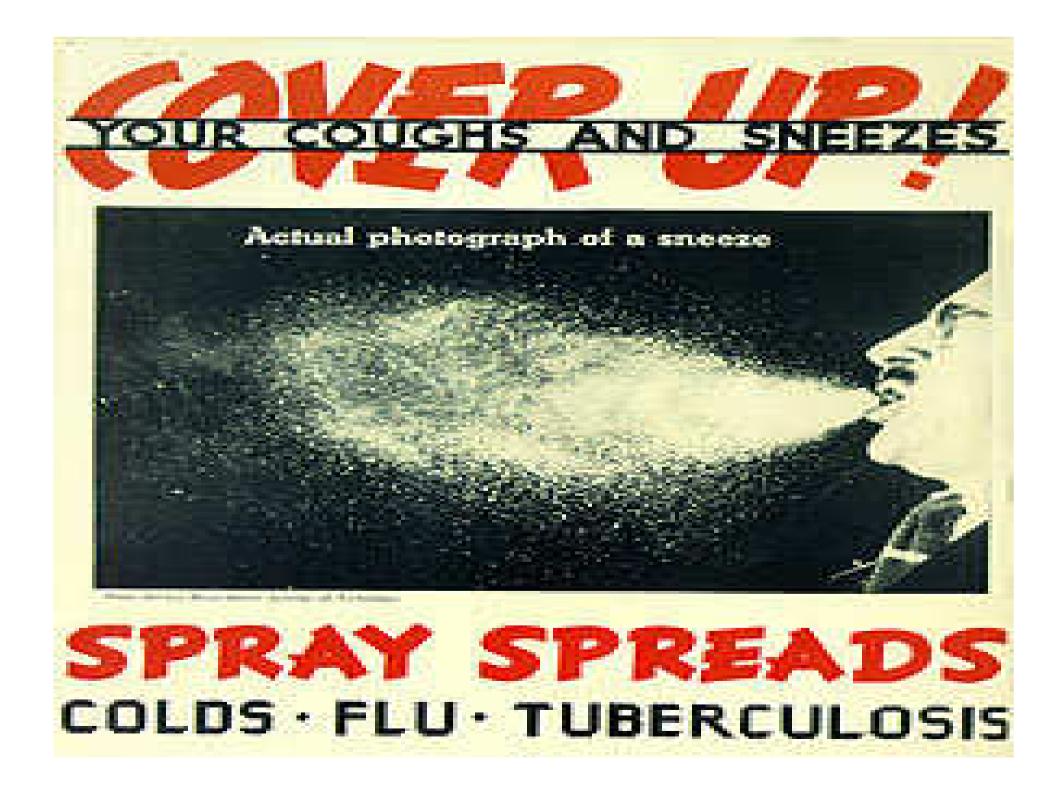


The glycolipids, such as trehalose dimycolates, of *Mycobacterium tuberculosis* and related organisms appear to be related to their virulence

TB INFECTION SPRED

- * Communicable disease caused by tubercle bacillus.
- * Spread by <u>air droplet nuclei</u>.
- * Infection begins with multiplication of tubercle bacilli.
- * Some of bacilli spread through the bloodstream.

* Immune system contains bacilli-prevents disease and persons are infected but do not have disease and remain symptomatic and not infectious.



TB BODY LOCATIONS

Can infect (disseminate) and cause disease in many different body locations such as: **1.** Meninges 2. Brain 3. Bone 4. Kidney 5. Essentially any organ (lung primary target) 6. Other locations: e.g. ...

- Airborne Mycobacterium tuberculosis bacteria are inhaled and lodge in the lungs
- ② The bacteria are phagocytized by lung macrophages and multiply within them, protected by lipidcontaining cell walls
- ③ Infected macrophages are carried to various parts of the body such as the kidneys, brain, lungs, and lymph nodes; release of *M. tuberculosis* occurs
- ④ Delayed hypersensitivity develops; wherever infected *M. tuberculosis* has lodged, an intense inflammatory reaction develops
- (5) The bacteria are surrounded by macrophages and lymphocytes; growth of the bacteria ceases
- Intense inflammatory reaction and release of enzymes can cause caseation necrosis and cavity formation
 - With uncontrolled or reactive infection, M. tuberculosis exits the body through the mouth with coughing or singing



	Symptoms	Fever, weight loss, cough, sputum production
	Incubation period	2 to 10 weeks
	Causative agent	Mycobacterium tuberculosis
	Pathogenesis	Colonization of the alveoli incites inflammatory response; ingestion by macrophages follows; organisms survive ingestion and are carried to lymph nodes, lungs, and other body tissues; tubercle bacilli multiply; granulomas form
Y	Epidemiology	Inhalation of airborne organisms; latent infections can reactivate
	Prevention a	BCG vaccination, not used in the United States; tuberculin (Mantoux) test for detection of infection, allows early therapy of cases; treatment of young people with positive tests and individuals whose skin test converts from negative to positive. Treatment:
-	treatment	two or more antitubercular medications given simultaneously, such as isoniazid (INH) and rifampin

Clinical Presentation:Pulmonary

Couch - one of the earliest and most common symptoms present in 40-80%

K Sputum production-cough nonproductive initially, but later productive (reflecting tissue necrosis)

⁴ Pleuritic chest pain - inflammation of pleura

Clinical Presentation: Pulmonary (Cont')



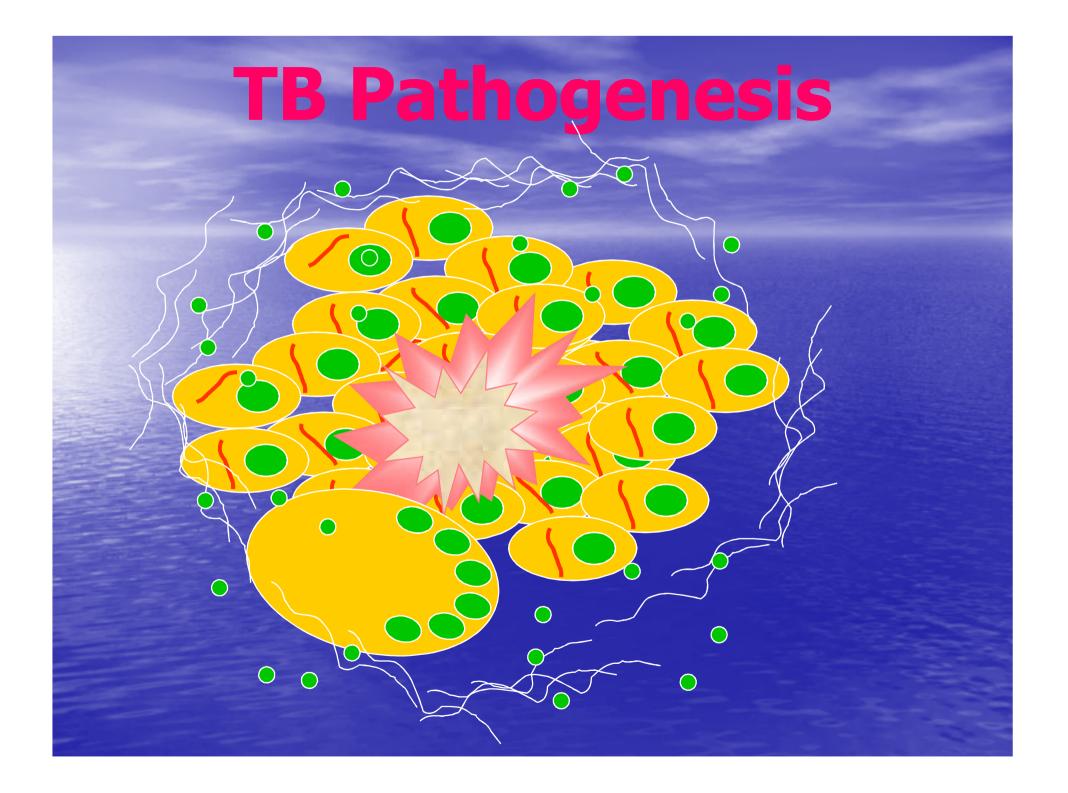
Hemoptysis- may or may not indicate active disease. More common with bronchitis.

Pathogenesis of TB

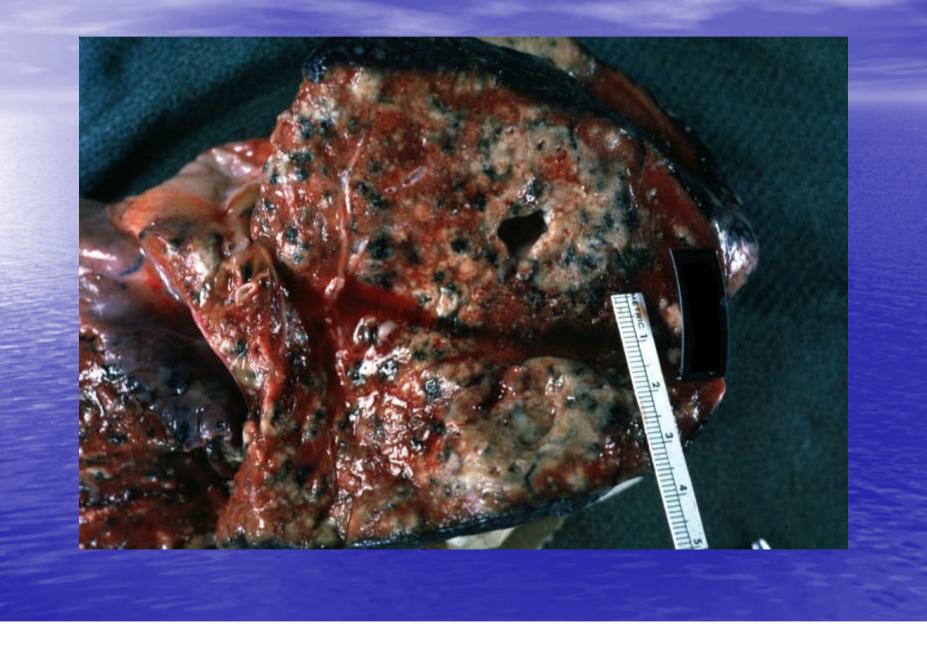
<u>Type IV hypersensitivity</u> – T cells – Macrophages → Granuloma

* Activated macrophages – epithelioid cells. Remain viable inside Macrophages

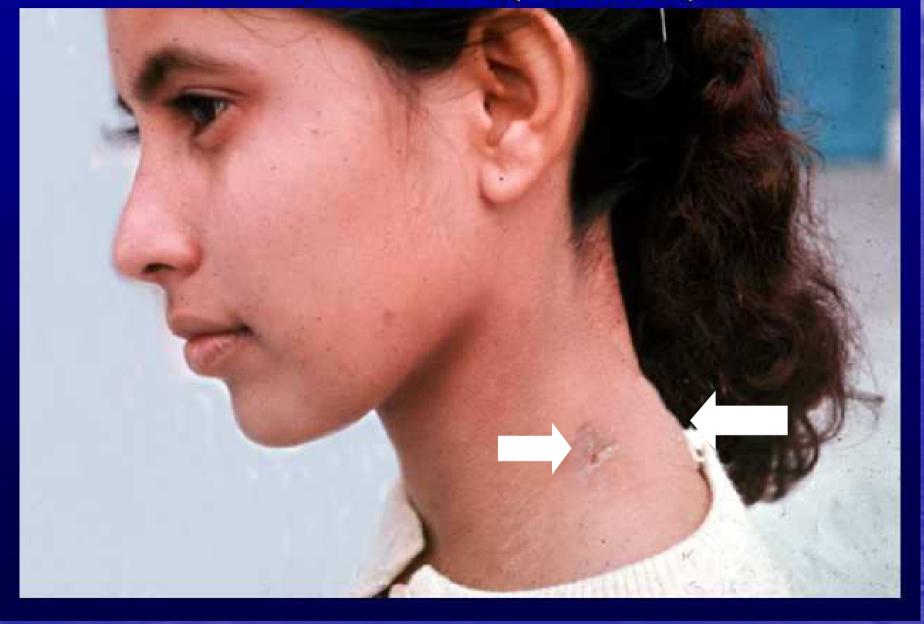
* Mycolic acid wax coat. Cord Factor surface glycolipid antigenic. Self destruction by lysosomal enzymes.



Lung TB - Cavitation



TB - Scrofula (Mexico)



Untreated Tuberculosis CXR



 Rate of having <u>false-positive</u> cultures resulting from laboratory <u>cross-contamination</u> may be up to <u>33%</u> of culture-confirmed TB patients.

 The average cost per patient is \$10,873 (range, \$1,033-\$21,306).

• © 2006(CDC)



Collection of sputum sample

- Select a <u>wide-mouthed plastic container</u>, <u>disposable</u>, unbreakable and leak proof material.
- Give the patient a sputum container with the laboratory <u>serial No. written on it</u>. Show the patient how to open and close the container and explain the importance of not rubbing off the number written on the side of the container.
- <u>Instruct the patient</u> to inhale deeply 2-3 times, cough up deeply from the chest and spit in the <u>sputum</u> container by bringing it closer to mouth.

Collection of sputum sample (Cont')

- Make sure the sputum sample is of good quality. A good sputum sample is <u>thick</u>, purulent and sufficient in amount (<u>2-3</u> <u>ml</u>).
- Give the patient another container with laboratory serial number written on it for an early morning specimen.
- Explain to the patient to rinse his/her mouth with plain water before bringing up the sputum.

Microscopy of sputum

- Diagnosis of pulmonary TB by sputum microscopy is simple, easy, inexpensive, rapid, technically not very demanding and more reliable than X-rays.
- The purpose of the sputum microscopy is two fold (a) diagnosis of the patients with infectious tuberculosis (b) monitoring the progress.

 For diagnosis, 3 sputum examinations are performed (spot, morning, spot) and for follow up 2 sputum examinations (morning, spot) are performed.

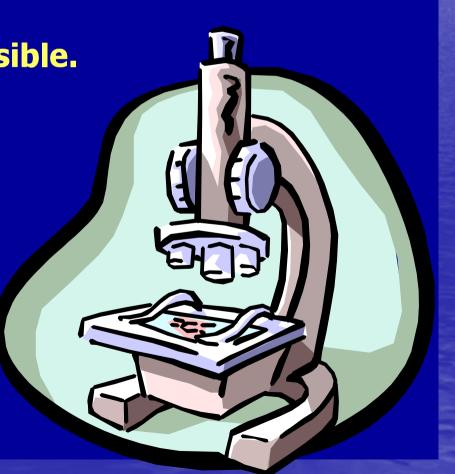
Microscopy-problems

least count 5000-10000 bacilli per ml.

Species differentiation impossible.

Specimen contamination.

False positive Saprophytic mycobacteria.



Preparation of smear and Ziehl Neelsen staining (AFB staining)

- Uunscratched new slide, label the slide with laboratory serial number.
- Make a smear from yellow purulent portion of the sputum using a bamboo stick.
- A good smear is spread evenly, 2 cm x 3 cm in size and is neither too thick nor too thin.
- The optimum thickness of the smear can be assessed by placing the smear on a printed matter and the print should be readable through the smear.
- Let the smear air dry for 15-30 minutes. Fix the smear by passing the slide over the flame 3-5 times for 3-4 seconds each time.
- Stain the smear by Ziehl Neelsen method.

STEP 1: Flame slides to heat fix



STEP 2: Flood the entire slide with <u>Carbol Fuchsin</u>
 Ensure enough stain is added to keep the slides covered throughout the entire staining step.





STEP 3: Using a Bunsen burner, heat the slides slowly until they are steaming. Maintain steaming for 5 minutes by using low or intermittent heat (i.e. by occasionally passing the flame from the Bunsen burner over the slides). Caution: Using too much flame or heat can cause the slide to break.

STEP 4: Rinse the slide with water.



STEP 5: Flood the slide with <u>3% acid-alcohol</u> and allow to decolorize for 5 minutes.

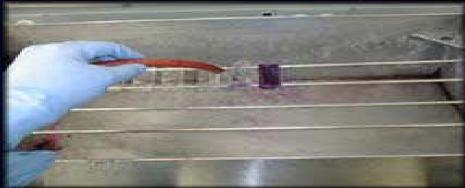


- Throughout the 5 minutes, continue to flood the slides with 3% acid-alcohol until the slides are clear of stain visible to the naked eye.
- To the right are examples of slides insufficiently and sufficiently flooded with 3% acid-alcohol.





 STEP 6: Rinse the slide thoroughly with water and then drain any excess from the slides.



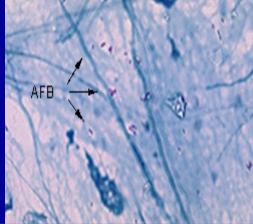
• STEP 7: Flood the slide with the counterstain, <u>Methylene Blue</u>. Keep it on the slides for 1 min.



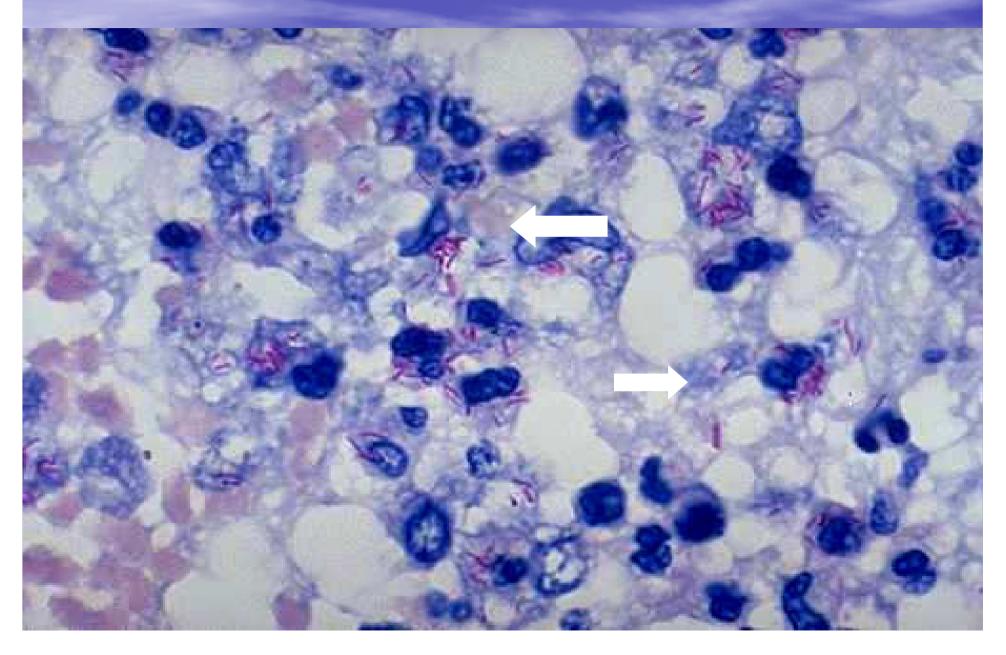
• STEP 8: Rinse the slide thoroughly with water



If all steps are performed correctly you should have a slide that looks like this.



AFB - Ziehl-Neelson stain



How to prevent false positive sputum results?

- Only use new, unscratched slides. Always use filtered carbol fuchsin.
- Do not allow the carbol fuchsin to dry during staining.
- Do not allow the carbol fuchsin to boil during staining.
- Decolorize adequately with sulphuric acid.
- Make sure there are no food particles or fibres in the sputum samples.
- Never allow the oil immersion lens to touch a slide.
- Label sputum containers, slides, and laboratory forms accurately.
- Record and report results accurately.

How to prevent false negative sputum results

- Make sure the sample contains sputum and not just saliva.
- Make sure there is enough sputum (at least 2 ml).
- Select thick, purulent portions to make the smear.
- Prepare smears correctly not too thick, too thin or with too little material.
- Fix for the correct length of time, not too short or too long.
- Stain with carbol fuchsin for 5-7 minutes.
- Do not decolorize with sulphuric acid too intensively.
- Examine every smear for at least five minutes observing at least 100 fields before recording as negative.
- Label the sputum containers, slides and laboratory forms carefully.
- Record and report results accurately.

Culture for *M. tuberculosis*

Each case of suspected tuberculosis need not be cultured. The judicious use of culture limits its use to the followings:

1-Diagnosis of smear negative pulmonary TB cases with strong clinical and radiological suspicion.

2-Diagnosis of extrapulmonary TB.

3- Follow up of a case to investigate for a drug resistant isolate.
4-Diagnosis of childhood tuberculosis.

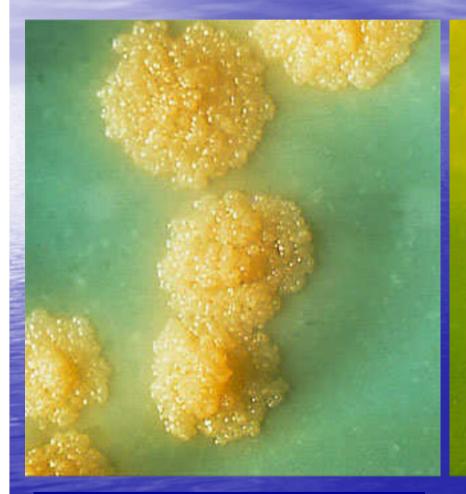


Mycobacterium tuberculosis Lowenstein-Jensen media

Colony Morphology – L J Slant



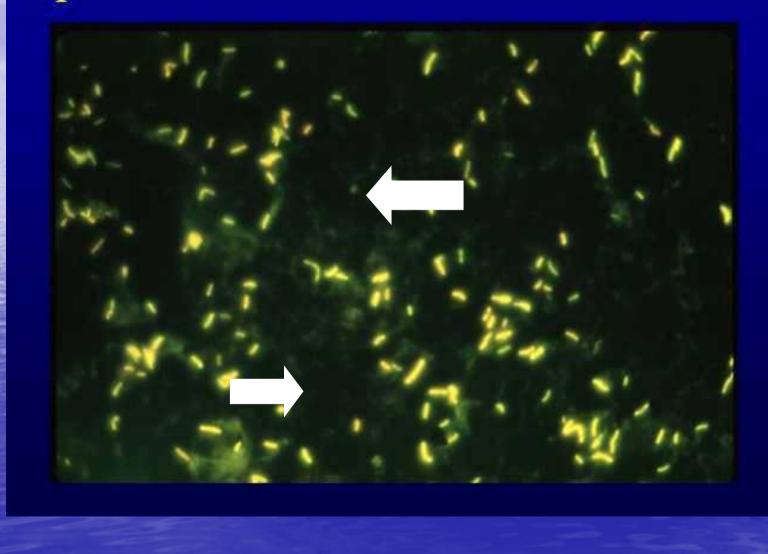
COLONIAL MORPHOLOGY OF THE TUBERCULOSIS COMPLEX MYCOBACTERIA



DYSGONIC GROWTH 14 DAYS Mycobacterium bovis

EUGONIC GROWTH 14 DAYS *Mycobacterium tuberculosis*

Sputum - TB Auromine/Rhodamine



Indicators of potential falsepositive M. tuberculosis cultures:

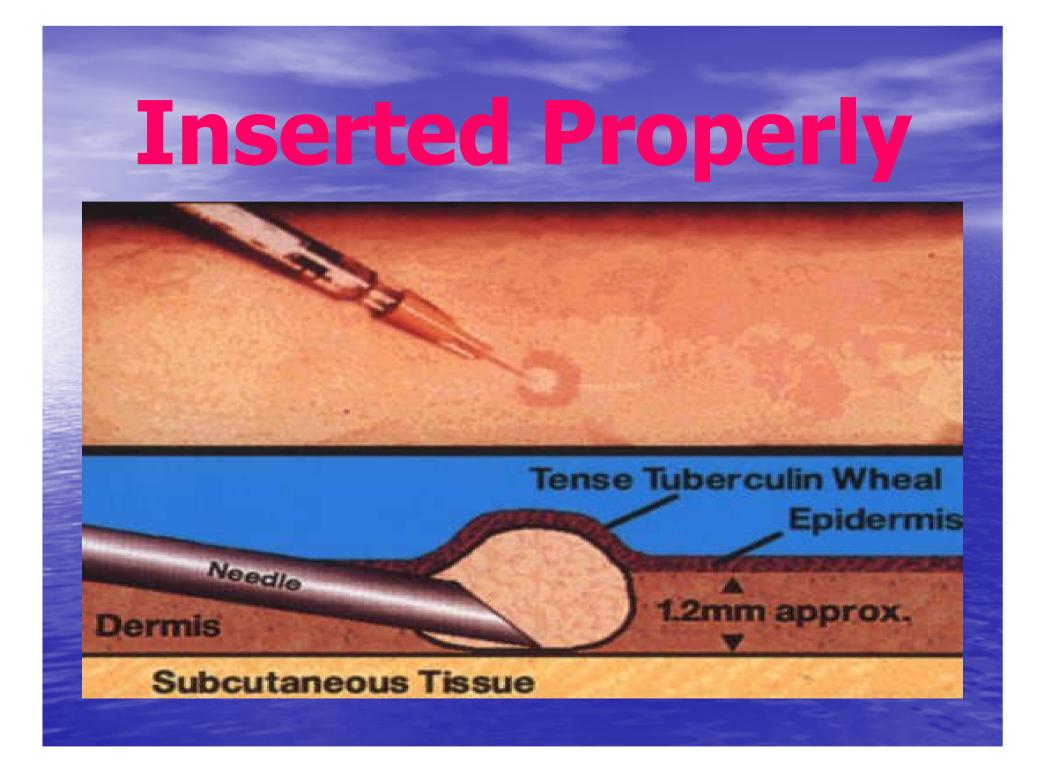
- All specimens from a patient are AFB smear-negative, and only one is M. tuberculosis culture-positive.
- The patient's signs, symptoms, and clinical course are inconsistent with TB.
- An M. tuberculosis culture-positive specimen, also likely to be AFB smearpositive, was processed the same day as the suspected specimen.

Administering the TST

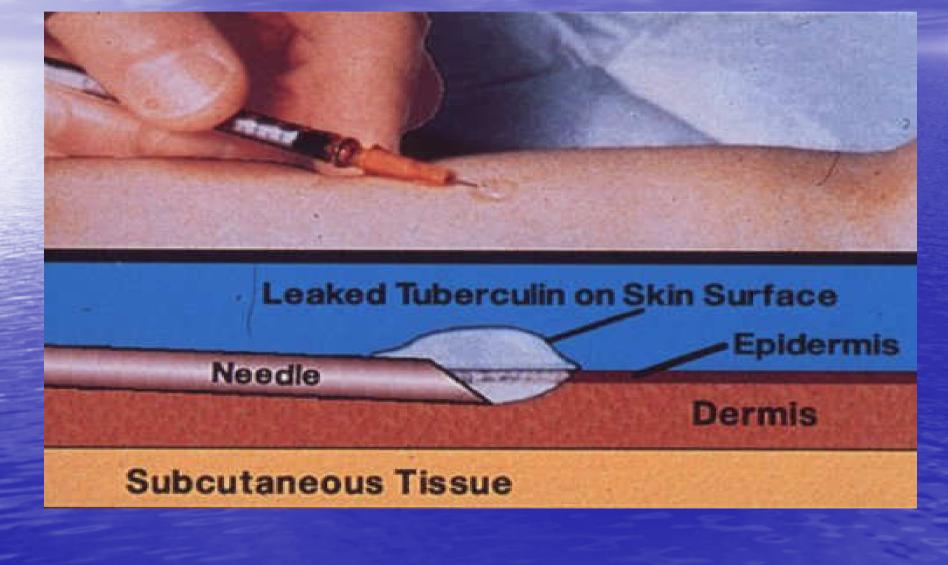
* Inject intraderamlly 0.1ml of 5 TU PPD

* Produce wheal 6mm to 10mm in diameter

* Follow universal precautions

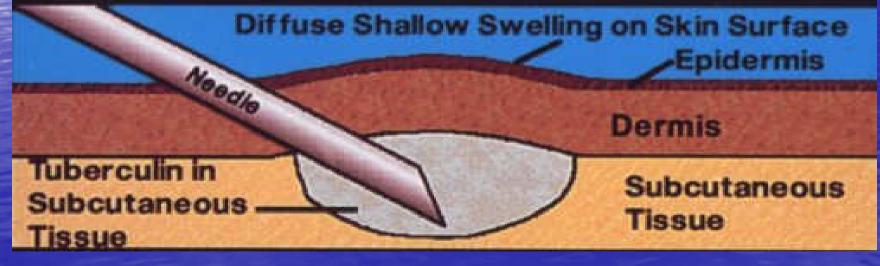


Needle too Shallow



Needle too Deep





Reading the TST

*****Read reaction 48-72 hrs after injection. Measure only induration, not erythema. **Record reaction in millimeters. 5mm- HIV infected, close contacts** immunosuppressed **10mm- targeted testing 15mm- low risk persons**

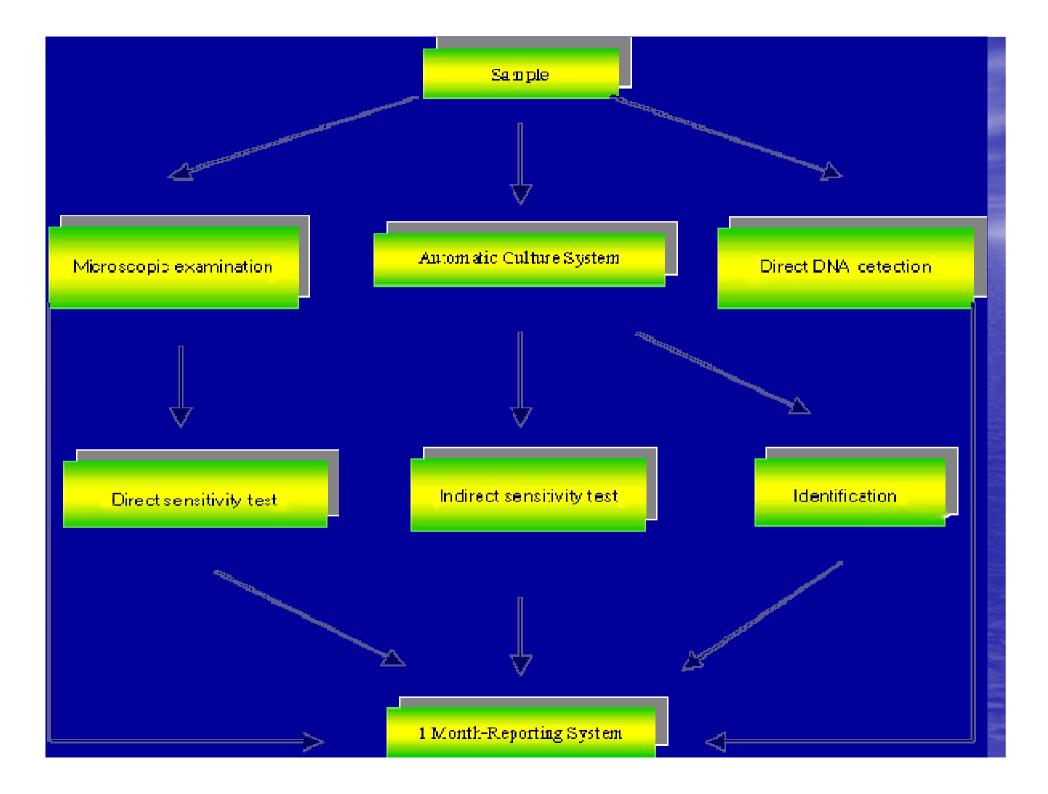


Positive Reaction: 18mm



TB infection vs. TB disease

	TB INFECTION	TB DISEASE
		(IN THE LUNGS)
M. tuberculosis	In the body	In the body
Skin test	Usually positive	Usually positive
Chest x-ray	Usually normal	Usually abnormal
Sputum smears & cultures	Negative	Positive
Symptoms	No	Yes. Cough, fever, weight
		loss, malaise, fatigue, night
		sweats
Infectious?	No	Often infectious before
		treatment
Case of TB?	No	Yes



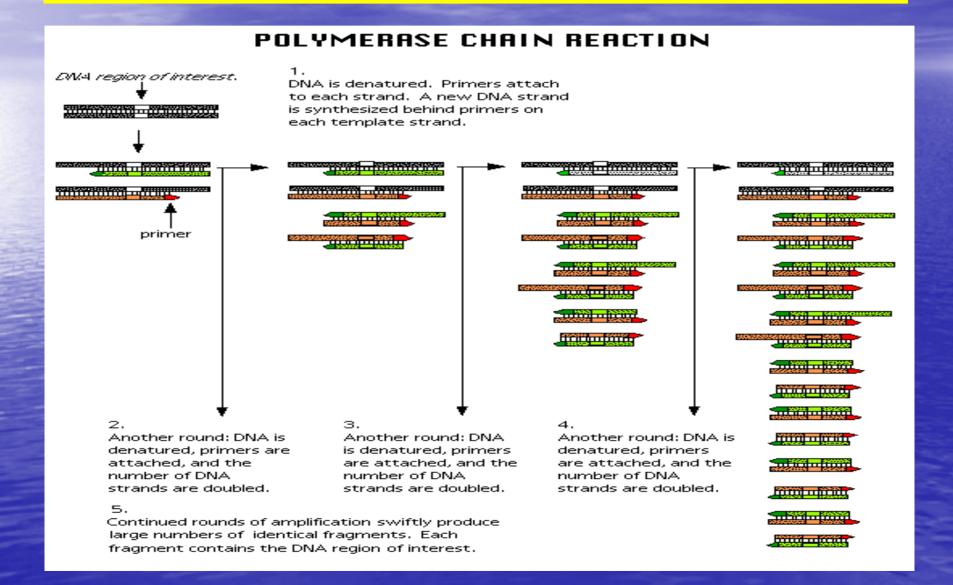
New Diagnostic Tools - BACTEC TECH

BACTEC

 A commercial system for detection of mycobacteria in samples. The basis o the system is grow of mycobacteria in liquid culture medium containing radioisotope-labele palmitic acid.



Polymerase Chain Reaction

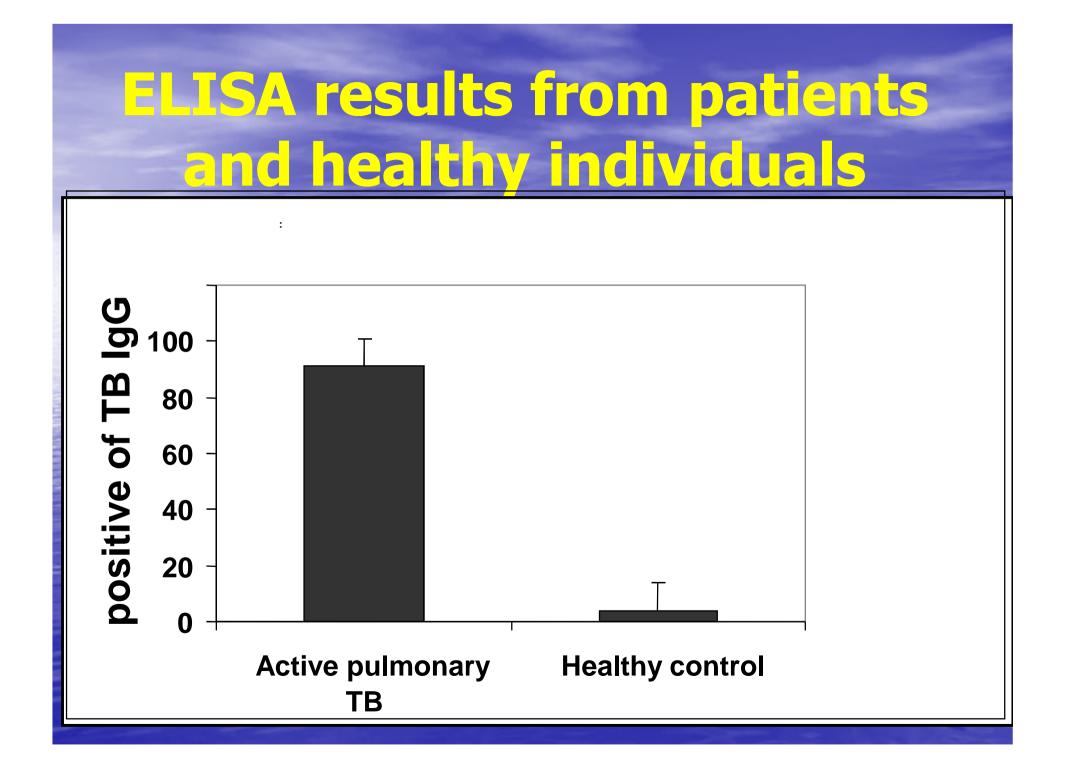


IMMUNODIAGNOSIS

OF TUBERCULOSIS:

AN UPDATE

Serologic Diagnosis of TB Using a Simple Commercial Multiantigen Assay



مقارنة طرق التشخيص المختلفة بطريقة الاليزا في المجموعة الفعالة للدرن ومجموعة الأصحاع

الطرق التشتيعيية	عدد ونسبة مرضى الدرن	عدد ونسبة الأسحاء
(Z-N.) عينات (يعناق الايجابية	60 (85.7%)	0 (0%)
المزرعة الإيجابية	48 (68.6%)	0 (0%)
الاسعة السينية	53 (75.7%)	0 (0%)
القبار النبوير تثين	50 (71.4%)	0 (0%)
المتبار الالبزا الابجابي	61(87%)	3 (4%)
كمية الجسم المغناد بالطريقة المعطية	411±329 IU/ml	111±79 IU/ml

K. Weldingh, I. Rosenkrands, L. M. Okkels, T. M. Doherty, and P. Andersen

Assessing the Serodiagnostic Potential of 35 Mycobacterium tuberculosis Proteins and Identification of Four Novel Serological Antigens

J. Clin. Microbiol., January 1, 2005; 43(1): 57 - 65.

S. Banerjee, A. Nandyala, R. Podili, V. M. Katoch, K. J. R. Murthy, and S. Hasnain

Mycobacterium tuberculosis (Mtb) isocitrate dehydrogenases show strong B cell response and distinguish vaccinated controls from TB patients

PNAS, August 24, 2004; 101(34): 12652 - 12657.

M. B. Conde, P. Suffys, J. R. Lapa e Silva, A. L. Kritski, and S. E. Dorman

Immunoglobulin A (IgA) and IgG Immune Responses against P-90 Antigen for Diagnosis of Pulmonary Tuberculosis and Screening for Mycobacterium tuberculosis Infection

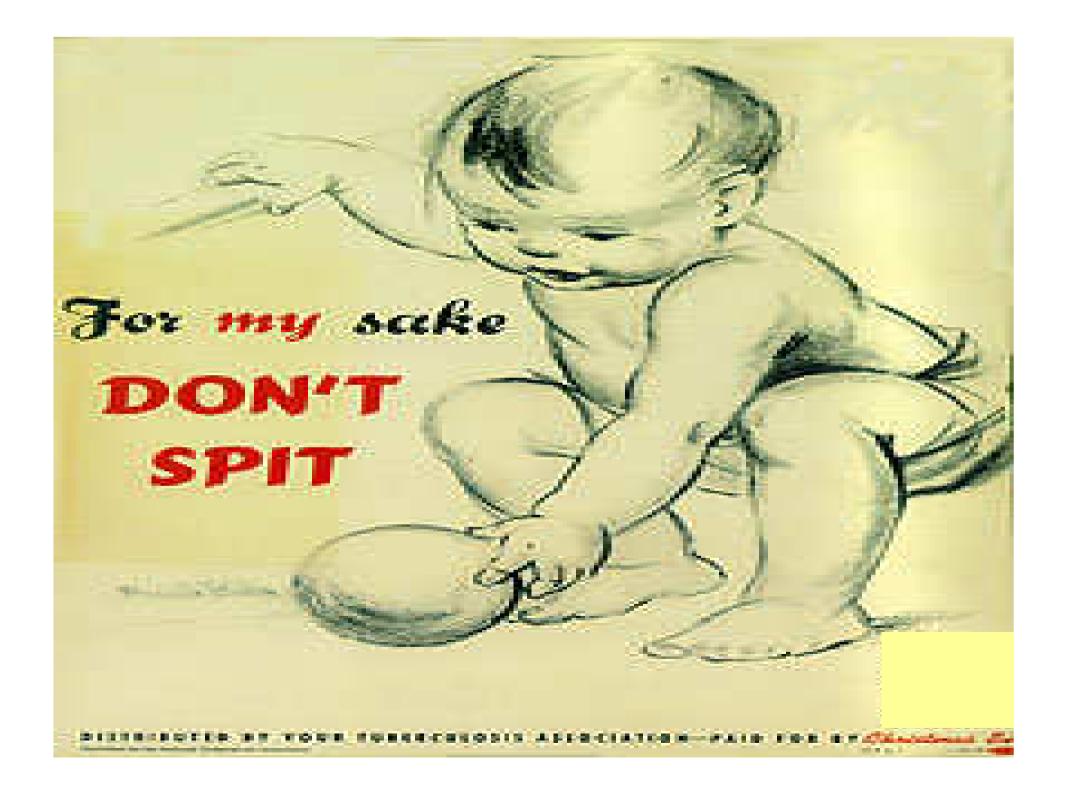
Clin. Diagn. Lab. Immunol., January 1, 2004; 11(1): 94 - 97.



	Product	Unit	Cost (US\$)
000	4FDC (R150/H75/Z400/E275)	Loose 1000 tabs	30.50
		Bisters 672 tabs	2200
a s 24 califer na califer na na	2-FDC (R150/H100)	Loose 1000 tabs	11.66
CONT Received and a second a local second and a local second a local second and a local second a local second and a local second and a local second		Bisters 672 tabs	8.87
	HE FDC (H150/E400)	Loose 1000 tabs	11.77
	, ,	Blisters 672 tabs	8.92
	Streptomycin 0.75g	50 Vials	270
	lsoniazid 300mg	Loose 1000 tabs	3.65
		Bisters 672 tabs	3.76
	Ethanbutol 400mg	Loose 1000 tabs	10.92
		Blisters 672 tabs	8.67
	Pyrazinamide 400mg	Loose 1000 tabs	12.64
	-	Bisters 672 tabs	<u>9.</u> 81

GDF Catalogue: www.stoptb.unwebbuy.org







Cost per patient The average cost per patient is \$10,873 (range, \$1,033-\$21,306).

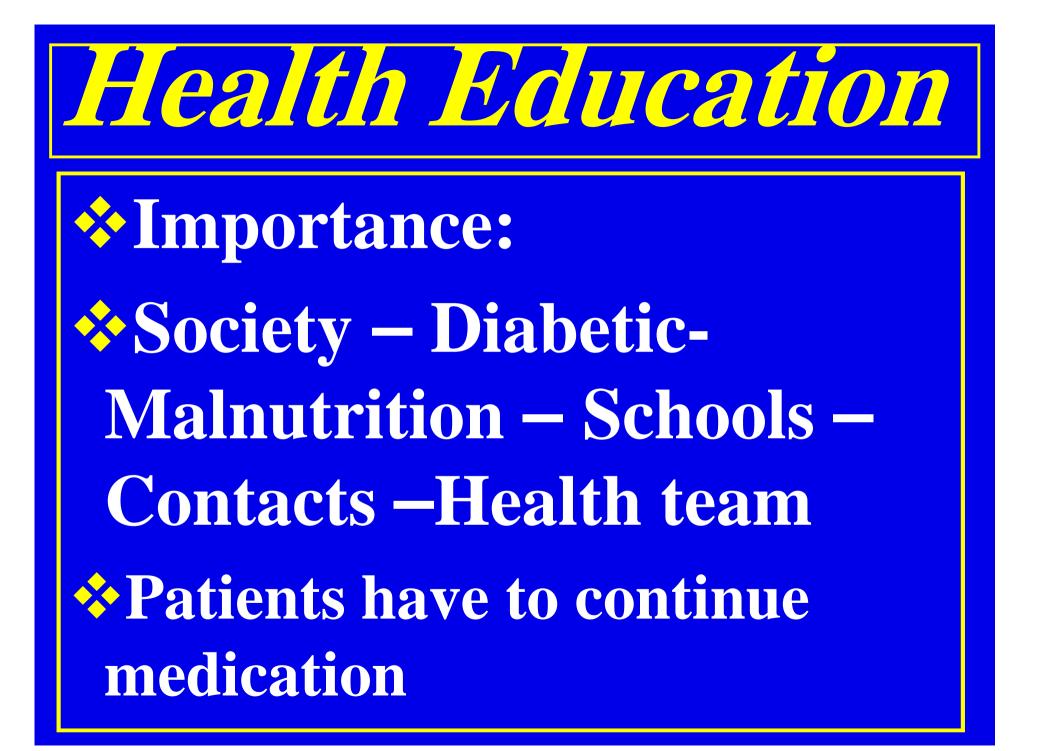
• © 2006 (CDC)

THESE EVERY DAY

MILK - a pint for adults - more for children cheese or evaporated milk or dried milk ORANGES tomatoes grapefruit - row cabbage or salad greens at least one of these VEGETABLES green or yellow - some row some cooked FRUITS in season also dried and canned fruit BREAD and cereal - whole grain preducts or enriched while bread and white flour MEAT poultry fish - dried beans peas or nuts EGGS - 3 or 4 a week cooked any way you choose ar used in prepared dishes -BUTTER vitamin rick fats and peanut butter Then eat any other foods you may choose

NAME AND ADDRESS OF TAXABLE PARTY.

BCG Vaccine العطى للاطفال عند الولادة المخالطين لحالات الدرن موجبة القشع الأطفال الذين لم يطعموا من قبل الله عدم وجود ندبة خلال ۳ شهور من التطعيم ولديهم اختبار التبروكولين سلبی(أقل من ۱۰ ملم)



رفع مستوى المعيشة مثل تحسين التغذية والمسكن وتهوية المنازل وتعريضها للشمس وضوع النهار يساعد على خفض انتشار المرض

فإن المؤمن القوي خير وأحب إلى الله من المؤمن الضعيف وقال صلى الله عليه وسلم "تداوا فإن الذي خلق الداء

